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## 7<sup>th</sup> Malaysia Indonesia Brunei Medical Sciences Conference "TOWARDS A HOLISTIC AND INTEGRATIVE APPROACH IN HEALTHCARE"



22<sup>nd</sup> - 24<sup>th</sup> July 2011

Equatorial Hotel, Bangi, Selangor,  
MALAYSIA

officiated by

**Y.B Datuk Rosnah Haji Abdul Rashid Shirlin**  
Deputy Minister of Health Malaysia

Organised by



## REHABILITATION TOWARDS INTEGRATIVE AND HOLISTIC APPROACH - A PPUKM EXPERIENCE

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The role of rehabilitation is to enable a person to access life in the mainstream of society in a way that is congruent with aspiration and ability. A critical characteristic of effective rehabilitation is that it creates a continuum of provision that is aimed at meeting the evolving needs of an individual. Rehabilitation intervention based on holistic approach that engages multi-disciplinary inputs in a coordinated way to meet the client's identified needs is paramount to ensure facilitation of seamless transition in a person from one level of rehabilitation to the next level based on forward planning and regular reviews.

It is unlikely that one profession would suffice and in position to offer inputs required by an individual. Thus an integrative co-operation from other rehabilitation science disciplines is an essential element of effective rehabilitation service provision that ultimately improves in reducing the level of disability which the client may experience.

At PPUKM, we adopt a comprehensive, multi-disciplinary and integrated approach for developing intervention plan for our clients. The client (patient) is the centre of the process and the provided plan solutions identify the needs in building based on what a person can achieve. A patient with complex needs, inter/intra referral for multidisciplinary assessment will be conducted. The therapists will liaise with other health professionals in ensuring clients are given optimal intervention in the hospital setting, long term rehabilitation and transition period of patients' daily activities such as in back to school, home or other social circumstances.

By adopting such a comprehensive approach in developing a rehabilitation plan, we have taken cognizance of all elements of the International Classification of Functioning, Disability and Health (ICF) framework in enhancing the client's quality life. The ICF offers not only a model to evaluate the success of rehabilitation in understanding and describing the degree to which a client's function could be restored but also to the extent that any activity limitations are minimised and community participation would be maximised which will likely contribute in positive outcomes for the clients.