

## **RISK FACTORS OF PRE-MARITAL SEXUAL ACTIVITIES AMONG FEMALE ADOLESCENTS IN KUALA LUMPUR, 1995**

### **FAKTOR-FAKTOR RISIKO PERILAKU SEKS PRA-NIKAH REMAJA PEREMPUAN DI KUALA LUMPUR, 1995**

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#### **ABSTRACT**

Pre-marital sexual activities among adolescents in developing countries including Malaysia are becoming greater concerns. A case control study was conducted to assess the risk factors of pre-marital sexual activities among female adolescents aged 11-20 years in Kuala Lumpur. Forty five female inmates from Kuala Lumpur who were placed at the Pusat Pemulihan Akhlak, Rembau, Negeri Sembilan were compared with 50 students from a school in Kuala Lumpur which was randomly selected for this study. Information were gathered via self-administered questionnaire. The results show significant associations between pre-marital sexual activities and the respondents' level of education, age of puberty, household size, mother's working status, time spent with parents during school holidays, presence of special boy friend as well 30') reading and watching pornographic materials (  $p$  values  $< 0.05$  ). The odds ratio of involvement in pre-marital sex activities among cases compared to controls are 27.8 and 12.4 for exposure to pornographic books and movies respectively, 11.2 for lack of parental interactions, 4.6 for having special boyfriend and 3.6 if their mothers are working. The odds ratio of exposure to pornographic reading materials after controlling other risk factors show a significant change. Mother who is not working and spending time together with children are among the factor which help in preventing sexual activities among unmarried adolescent girls, though they were exposed to pornographic materials.

#### **ABSTRAK**

*Perilaku seks pra-nikah di kalangan remaja di negara-negara membangun termasuk Malaysia kian membimbangkan. Satu kajian kes kontrol untuk mengkaji faktor-faktor risiko di kalangan remaja perempuan berusia antara 11-20 tahun yang berasal dari Kuala Lumpur telah dijalankan. Seramai 45 orang kes terdiri dari remaja Kuala Lumpur yang ditempatkan di Pusat Pemulihan Akhlak, Rembau, Negeri Sembilan telah dibandingkan dengan 50 orang kontrol dari sebuah sekolah di Kuala Lumpur yang dipilih secara rawak mudah. Dalam kajian ini kes dan kontrol telah dipadankan menurut umur dan maklumat kajian diperolehi melalui soal selidik isi sendiri. Hasil kajian menunjukkan hubungan bermakna antara perilaku seks pra-nikah dengan taraf pendidikan responden, Umur baligh, bilangan ahli keluarga, status pekerjaan ibu, masa berbincang dengan ibubapa semasa cuti sekolah, kehadiran teman lelaki istimewa dan sejarah membaca dan menonton bahan lucu (nilai  $p < 0.05$ ). Nisbah ods remaja perempuan terlibat dengan perilaku seks pra-nikah masing-masing ialah 27.8 dan 12.4 jika pernah membaca dan menonton bahan-bahan lucu, 11.2 jika jarang-jarang atau tidak pernah berbincang dengan ibubapa, 4.6 jika mempunyai teman lelaki istimewa dan 3.6 jika mempunyai ibu bekerja. Nisbah ods dedahan terhadap bacaan lucu apabila lain-lain faktor risiko dikawal tidak menunjukkan perubahan yang signifikan. Ibu yang tidak bekerja serta tumpuan masa terhadap anak-anak adalah anti..ra faktor-faktor yang dapat menolong mencegah perilaku seks pra-nikah di kalangan remaja perempuan yang belum berkahwin walaupun mereka terdedah kepada bahan-bahan lucu.*